Social Support and Psychological and Physical States Among Japanese Patients With Breast Cancer and Their Spouses Prior to Surgery

Reiko Makabe, RN, PhD, and Tadashi Nomizu, MD

**Purpose/Objectives:** To assess social support and psychological and physical states among Japanese patients with breast cancer and their spouses prior to surgery.

**Design:** Descriptive, comparative, and correlational.

**Setting:** A general hospital in northern Japan.

**Sample:** 38 Japanese patients with breast cancer and their spouses (N = 76).

**Methods:** The Japanese versions of three questionnaires were used to collect data before surgery: the Interpersonal Relationship Inventory, the General Health Questionnaire, and the Physical States Interview Form.

**Main Research Variables:** Social support (support, conflict, and reciprocity), social network, and psychological and physical states.

**Findings:** Significant differences were found in support and reciprocity between patients and their spouses. However, no significant differences were found in social network, conflict, or psychological states between patients and their spouses. Moreover, some significant correlations were found in the variables of conflict, social network, and psychological and physical states.

**Conclusions:** Japanese patients with breast cancer perceived more support and reciprocity than their spouses before breast surgery. Conflict was significantly correlated with psychological states among Japanese women with breast cancer and their spouses.

**Implications for Nursing:** Healthcare professionals need to consider social support as an important factor to help Japanese patients with breast cancer and their spouses cope with the disease.

---

Cancer has been the leading cause of death in Japan since 1981, and the incidence of breast cancer has been increasing. The disease is estimated to be the most frequent cancer diagnosis among Japanese women by the year 2020 (Ohshima, Kuroishi, & Tajima, 2004). Despite the increasing incidence of breast cancer among Japanese women, few studies have assessed social support and its affects on health outcomes (Makabe, 1998b). Social support requires interpersonal relationships, which are influenced by beliefs, values, and behavior (Bourjolly & Hirschman, 2001; Hamilton & Sandelowski, 2004). For example, a qualitative study of social support among Japanese women with breast cancer described components of social support and unique characteristics of Japanese interpersonal relationships, such as reciprocity (Makabe & Hull, 2000). According to Lock (1982), reciprocity is related to *giri*, a Japanese term of social obligation and valuing of the maintenance of harmonious relationships. Because of the cultural characteristics of social support, the results of social support studies conducted in other cultures cannot be used.

---

*Reiko Makabe, RN, PhD, is a professor in the School of Nursing at Fukushima Medical University and Tadashi Nomizu, MD, is the vice president at Hoshi General Hospital, both in Fukushima, Japan. The research for this article was funded by the Japan Society for the Promotion of Science (grant no. 14572287). (Submitted April 2005. Accepted for publication June 21, 2005.)*

Digital Object Identifier: 10.1188/06.ONF.651-655