Determinants of Mammography Screening Participation in Adult Childhood Cancer Survivors: Results From the Childhood Cancer Survivor Study

Cheryl L. Cox, PhD, RN, Kevin C. Oeffinger, MD, Michele Montgomery, RN, MPH, Melissa M. Hudson, MD, Ann C. Mertens, PhD, John Whitton, MS, and Leslie L. Robison, PhD

Many female childhood cancer survivors ages 20–40 years are at an elevated risk for breast cancer because their developing breast tissue was exposed to radiation during childhood cancer treatment (Hewitt, Weiner, & Simone, 2003; Ries et al., 2007). Survivors of Hodgkin disease comprise the largest proportion of childhood cancer survivors in the group at risk for secondary breast cancer. However, chest radiation also is used routinely in treatment protocols for metastatic Wilms tumor and soft tissue sarcomas as well as other refractory or recurrent pediatric malignancies. Previous investigations indicate that by age 45, 12%–20% of young women treated with radiation therapy will be diagnosed with breast cancer (Bhatia et al., 2003; Kenney et al., 2004; Taylor, Winter, Stiller, Murphy, & Hawkins, 2007). Therefore, the risk of breast cancer after chest radiation for a pediatric malignancy rivals that of women with a BRCA mutation, who have an estimated cumulative incidence of breast cancer at age 40 ranging from 10%–19% (Bhatia et al.; Bishop, 1999; Ford et al., 1998; Strueming et al., 1997).

Information about secondary breast cancer following radiation for pediatric malignancies is derived largely from studies of survivors of Hodgkin disease. The risk of breast cancer in this group begins to increase about 8 years after chest radiation (Bhatia et al., 2003; Kenney et al., 2004; Metayer et al., 2000); the interval from Hodgkin disease treatment to breast cancer for pediatric and adult groups is 15–20 years (Bhatia et al.; Cutuli et al., 2001; Kenney et al.; Metayer et al.; Taylor et al., 2007; Wolden et al., 2000). The median age of breast cancer diagnosis is 32–35 (Bhatia et al.; Kenney et al.; Taylor et al.), which is well below the average age of breast cancer onset (age 50 and older) (Ries et al., 2007) in the general population and below the age at which most women routinely begin to undergo mammography (age 40) (American Cancer Society, 2007).

Consistent with the general population (Berry et al., 2005; Vlastos & Verkooijen, 2007), early detection of breast cancer in the population of childhood cancer survivors who are at high risk may lead to increased diagnosis of breast cancers at early stages, thereby requiring less invasive treatments and incurring improved outcomes and enhanced quality of life. Annual screening mammography with adjunct breast magnetic resonance imaging is recommended for childhood cancer survivors, beginning at age 25 or eight years after completion of radiation therapy, whichever occurs last (Children’s Oncology Group, 2006). Among Hodgkin