The Experience of Fatigue in Turkish Patients Receiving Chemotherapy

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Fatigue is a subjective and multidimensional concept that has affective, physical, cognitive effects on individuals. Individuals must be able to cope with fatigue that negatively affects the entirety of their being. Various practices have proved to be beneficial in combating cancer-related fatigue, including exercising, effectively managing stress, and using distraction. Nurses should be educated about fatigue and work closely with patients in using strategies to help them cope with the condition.