Older Breast Cancer Survivors: Can Interaction Analyses Identify Vulnerable Subgroups? A Report From the American Cancer Society Studies of Cancer Survivors

Lanell Bellury, PhD, RN, AOCNS®, Lee Ellington, PhD, Susan L. Beck, PhD, APRN, AOCN®, FAAN, Marjorie A. Pett, MStat, DSW, Jane Clark, PhD, RN, AOCN®, GNP-C, and Kevin Stein, PhD

The expected exponential increase in older adult survivors has added to the concerns regarding the care needs of this population (Grunfeld et al., 2006; Mao et al., 2009). In addition, the predicted decline in the number of oncology providers has caused many to question whether cancer survivors may be best served by primary care or specialist providers (Erikson, Salsberg, Gorte, Bruinooge, & Goldstein, 2007; Nevidjon et al., 2010). Cancer survivorship clinics have been suggested as a model for care but have not yet been shown to be sustainable (Jacobs et al., 2009; McCabe & Jacobs, 2008). Survivorship is a priority research area at the National Cancer Institute and the National Institute on Aging (Institute of Medicine, 2007). Integration of gerontology and oncology research and care models for older adult cancer survivors is imperative in response to the growing demographic shift. The purpose of this study was to identify subgroups of older survivors who would benefit most from more intensive survivorship care by exploring interactions among personal, cancer, aging, and symptom variables in older adult breast cancer survivors. The specific aim guiding this research was exploratory in nature, namely, to explore interactions among these variables as they relate to health status. The purpose of this study was to identify subgroups of older survivors who would benefit most from more intensive survivorship care by exploring interactions among personal, cancer, aging, and symptom variables in older adult breast cancer survivors. The specific aim guiding this research was exploratory in nature, namely, to explore interactions among these variables as they relate to health status. The research question examined was: To what extent are interaction effects among the variables related to physical function (PF) and symptom experience?

Background

Fifty-nine percent of the 13.7 million cancer survivors in the United States are at least 65 years of age (Siegel, et al., 2012). Of the estimated 2.4 million breast cancer survivors in 2007, about 60% were aged 65 years or older (Ries et al., 2008). A growing body of evidence describes the post-treatment physical and psychological health of older cancer survivors, but basic descriptive data pertinent to the intersection of aging and cancer survivorship has been lacking (Bellizzi, Mustian,