Shared Decision Making Among Individuals With Cancer in Non-Western Cultures: A Literature Review

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Since the early 1990s, a transition in health care has occurred in the West toward adopting models of decision making where patient involvement and choice are emphasized (Edwards, Davies, & Edwards, 2009). The right of patients to have a role in their medical care in many Western countries was secured not only through professional ethical guidelines, but also through legislation (Sainio, Lauri, & Eriksson, 2001). Shared decision making, which emphasizes patient autonomy and empowerment in making treatment decisions, became the advocated approach in Western culture.

Research among Western patient samples supports the importance of bringing attention to patient preferences for and participation in decision making (Epstein & Street, 2007). Studies conducted in the United States and Canada show that promoting patient involvement in decision making about his or her cancer improves the patient’s knowledge about cancer and treatment (O’Connor et al., 1999; Waljee, Rogers, & Alderman, 2007; Whelan et al., 2004), satisfaction (Frosch, Kaplan, & Felitti, 2001; O’Connor et al., 2003), adherence to treatment, and health-related quality of life (Andersen, Bowen, Morea, Stein, & Baker, 2009; Hack, Degner, Watson, & Sinha, 2006).

**Background**

Shared decision making is a process in which physicians and patients share information with each other, contribute to the treatment decision-making process by expressing treatment preferences, deliberate together over alternative options, and agree on the final treatment to be implemented (Charles, Gafni, & Whelan, 1997; Charles, Whelan, Gafni, Willan, & Farrell, 2003; Sheridan, Harris, & Woolf, 2004). Charles, Gafni, and Whelan (1999) defined shared decision making as an interactional process in which the patient and physician have a legitimate investment in the treatment decision and share treatment preferences and rationale. Charles et al.’s (1999) definition of the shared decision-making process included three stages: information exchange, deliberation about alternative options, and reaching agreement on a final decision. The stages may occur separately or simultaneously.

Because the concept of shared decision making originated within Western ideals of patient autonomy and empowerment, the concept may not be applicable...