Chemotherapy-Induced Peripheral Neuropathy Assessment Tools: A Systematic Review

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Chemotherapy-induced peripheral neuropathy (CIPN) is a type of neuropathic pain that results from chemotherapy toxicity. A systematic review and meta-analysis involving 4,179 patients revealed a CIPN prevalence of 68% in the first month after chemotherapy, 60% within three months, and 30% within six months or longer, with prevalence associated with different chemotherapy drugs (Seretny et al., 2014). Several chemotherapy agents lead to CIPN, including platinum-based agents, taxanes, epothilones, and vinca alkaloids, as well as more recent agents like bortezomib (Velcade®) and lenalidomide (Revlimid®) (Hershman et al., 2014). Sensory and motor nerve damages are common features of CIPN that influence individuals’ quality of life (Hausheer, Schilsky, Bain, Berghorn, & Lieberman, 2006). Sensory damages are the predominant symptoms of CIPN, including paresthesia, numbness and tingling, dulled sensations in the peripheral nerves, burning and shooting pain, or electric shock-like pain (Cavaletti & Marmiroli, 2015; Visovsky, Collins, Abbott, Aschenbrenner, & Hart, 2007). Motor damage can be manifested as weakness, gait and balance disturbance, and difficulty with fine motor skills (Visovsky et al., 2007). The incidence of CIPN is influenced by age, problem identification, literature search, data evaluation, synthesis, conclusions, and implications for nursing.
type of chemotherapy, dose, intensity, cumulative dose, therapy duration, and preexisting diseases (e.g., diabetes) (Wolf et al., 2012). CIPN has long-lasting effects; 30% of patients with cancer who receive taxanes still suffer from CIPN several years after the treatment (Ewertz, Qvortrup, & Eckhoff, 2015). In one study, more than half of patients with ovarian cancer who received platinum-based chemotherapy agents and taxanes suffered from neuropathy symptoms for as many as 12 years after the end of treatment, which caused a considerable impact on quality of life (Ezendam et al., 2014).

Early detection of CIPN is important for early symptom management. Several assessment tools for CIPN have been developed, including tools that can be completed by the patient and tools that are completed by healthcare providers. Four assessment tools are completed by healthcare providers: National Cancer Institute Common Toxicity Criteria (NCI-CTC), Eastern Cooperative Oncology Group (ECOG) neuropathy scale, World Health Organization (WHO) guidelines, and the Ajani scale (Hausheer et al., 2006). Those tools employ ordinal rating scales, which become a limitation in detecting small changes in CIPN. In addition, the inter-rater reliability of the tools is low (Park, Lin, & Kiernan, 2012).

The lack of universal agreement on and standardized assessment of tools for CIPN impedes detection. Procedures for quantitative sensory testing still lack consistency between institutions and laboratories (Paice, 2009). In addition, few CIPN assessment tools have been validated (Hausheer et al., 2006).

A previous systematic review of CIPN assessment tools identified 15 studies (Griffith, Merkies, Hill, & Cornblath, 2010). The quality of the studies in Griffith et al.’s (2010) review was assessed using the modified Quality of Diagnostic Accuracy Study (QUADAS) tool. The modified QUADAS contains survey items that assess participant characteristics, sampling, reliability, construct validity, reference standard, study procedure, and scoring method (Griffith et al., 2010). Each item of the modified QUADAS is rated based on dichotomous responses of “yes” (score of 1) and “no” (score of 0). The quality of the studies was determined by a total score of the seven items, with scores of 0–3 indicating poor quality, 4–5 indicating moderate quality, and 6–7 indicating high quality. However, aggregating individual items to reflect the quality of the studies may ignore the value of individual items and can lead to potential bias associated with these items (Whiting, Rutjes, Reitsma, Bossuyt, & Kleijnen, 2003).

For early detection of CIPN symptoms, healthcare providers should use a valid assessment tool. This systematic review aims to identify CIPN assessment tools that are currently available, as well as their psychometric properties, and to determine the quality of studies reporting those tools.

**Methods**

Electronic searches were conducted using Medline, PubMed, CINAHL, and Cochrane Library for articles published from 1980–2015. The search terms included *cancer, chemotherapy, assessment tool, evaluation tool, measurement tool, scores tool,* and *tests tool,* as well as *peripheral neuropathy, peripheral nerve diseases, peripheral nerve disorders, peripheral nervous system diseases,* and *peripheral nervous system disorders.* After removing duplicates, titles and abstracts were examined for their eligibility. Two reviewers independently reviewed the full texts of studies based on the inclusion and exclusion criteria. If there were any conflicting opinions, the reviewers discussed the opinions and consulted an independent researcher to attain a consensus. The reference list of each eligible study was checked for any additional studies that meet the criteria of this review.

Studies were considered eligible if they included patients with cancer receiving chemotherapy, described the CIPN assessment tools, reported psychometric properties, and were published in English. Studies were excluded if diabetes was the source of neuropathic pain. Case reports were also excluded.

A data extraction tool was used to record information about study purpose, design, sample, tools, and psychometric properties. The first author independently extracted the data. Then, the data were reviewed by the second author to promote extraction accuracy.

**Appraisal of Study Quality**

The quality of each study was assessed by the QUADAS-2 (Whiting et al., 2011). QUADAS-2 is a revision of the original QUADAS developed by Whiting et al. (2003) to assess the unique features of the study design regarding diagnostic accuracy. The original QUADAS is a 14-item checklist with three options (“yes,” “no,” and “unclear”). The items evaluate the quality of design, including sample, reference standard, disease progression bias, verification bias, review bias, clinical bias, test execution, withdrawals, and indeterminate results. Difficulties in rating items resulted in a revision of the original QUADAS to the QUADAS-2 (Whiting et al., 2011). The QUADAS-2 covers four domains of bias risks: patient selection, index test, reference standard, and flow and timing. Different from the original QUADAS, QUADAS-2 mainly assesses the applicability of studies. Applicability is to assess whether retrieved studies match the review questions of a systematic review or not. Signaling questions are used to flag the potential of bias risk judged as low,
high, or unclear. If the study matches the review questions, it can be rated as “high.” If the study does not match the review questions, it can be rated as “low.” “Unclear” refers to a case where no sufficient data are available to determine whether the study is “high” or “low.” Appraisal quality using QUADAS-2 was evaluated independently by the two researchers through discussions to resolve differences.

Psychometric Evaluation

The CIPN assessment tools were evaluated for their reported psychometric properties, including validity, reliability, sensitivity, specificity, responsiveness, and practicality. The frames of reference for the psychometric properties are based on the criteria proposed by DeVon et al. (2007) and Peacock and Peacock (2011). Reliability was evaluated by the following indexes: internal consistency (Cronbach alpha coefficient = 0.7 or greater), test-retest reliability (correlation = 0.7 or greater), inter-rater agreement (kappa = 0.6–0.8). Validity involves content, construct, and criterion validity. The accepted correlation coefficient was 0.45 or greater), convergent) and 0.45 or less for discriminant validity.

Results

A total of 1,712 studies were identified from the initial search. From the 1,712 studies, 1,304 were duplicates, leaving 408 potential studies. After reviewing the abstracts of the 408 potential studies, 38 studies met the inclusion criteria for full-text review. From the 38 studies, 22 studies were excluded, yielding 16 studies. A hand search of the reference list of the 16 eligible studies revealed 3 additional studies that met the inclusion criteria. A total of 19 studies were included in the systematic review (see Figure 1).

Study Characteristics

The characteristics of the 19 studies are presented in Table 1. The studies were conducted in the United States (n = 10), Italy (n = 3), Japan (n = 3), Canada (n = 1), Norway (n = 1), and the Netherlands (n = 1). The studies employed longitudinal designs (n = 11), clinical trial designs (n = 4), cross-sectional designs (n = 3), and a case-control design (n = 1). A total of 3,329 participants were involved in the 19 studies, and cancer types included breast, ovarian, colon, testicular, and endometrial. The sample size ranged from 20–684 participants, and age ranged from 18–83 years. Most participants were female. A variety of chemotherapy agents were reported, including carboplatin (Paraplatin®), cisplatin (Platinol®), oxaliplatin (Eloxatin®), paclitaxel (Taxol®), docetaxel (Taxotere®), and vincristine (Oncovin®).

Twenty CIPN assessment tools were administered across the 19 studies that used from one to four tools. Of the 20 CIPN assessment tools, seven were to be completed by healthcare providers, nine were to be completed by patients, and four were to be completed by healthcare providers and patients. The patient-based tools required patients to report their subjective neuropathic symptoms. The healthcare provider–based tools required healthcare providers to assess patients’ symptoms and conduct physical examinations, such as motor, pin sensibility, vibration, strength, and tendon reflex.

The most commonly used tool was the Total Neuropathy Score (TNS) and its modifications, such as the reduced TNS (TNSr), the TNS clinical version (TNSc), and the modified TNS (mTNS). The TNS is a tool combining patient- and healthcare provider–based reports. The TNS contains two components: (a) subjective reports of sensory, motor, or autonomic symptoms and (b) neurologic examinations of deep tendon reflexes, pin sensibility, vibration sensibility, and nerve conduction. The neurologic examinations should be performed by trained healthcare providers.
TABLE 1. Characteristics and Psychometric Testing of Reviewed Studies (N = 19)

<table>
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<th>Study</th>
<th>Design</th>
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| Almadrones et al., 2004| Longitudinal study of 88 patients with ovarian cancer undergoing cisplatin therapy with a mean age of 58 years (SD = 11.2, median = 60, range = 21–77) | • Tested: PNS  
• Reference: FACT/GOG-Ntx | • Construct validity: Two factors with factor loadings of 0.5  
• Criterion validity: PNS had significant correlation with status function and FACT/GOG-Ntx toxicity criteria (p < 0.05).  
• Internal consistency: Cronbach alpha = 0.91  
• Sensitivity to change: PNS changed significantly across different time periods. |
| Boyette-Davis et al., 2012| Comparison study of 83 participants (52 with colorectal cancer in the treatment group and 31 healthy controls); mean age of treatment group was 53.4 years (SD = 1.4), and mean age of controls was 51.5 years (SD = 2.6). | • Tested: QST | • Discriminant validity: Skin temperature of fingertips was significantly different between groups, with treatment group lower than control group (p < 0.05). Time in grooved pegboard test showed treatment group higher than control group (p < 0.01). Sharpness and touch detections showed no significance between groups (p < 0.05). |
| Calhoun et al., 2003   | RCT of 103 patients with ovarian cancer undergoing treatment with carboplatin and paclitaxel with a mean age of 57.2 years (SD = 12.8) | • Tested: FACT/GOG-Ntx  
• Reference: PE | • Discriminant validity: FACT/GOG-Ntx significantly differed between groups with CIPN symptoms and chemotherapy-naive at baseline and at three and six months (p < 0.01).  
• Criterion validity: Neuropathy subscale had a significant correlation with objective measures of neuropathy over time, including pin sensibility (r = 0.5–0.73), strength (r = 0.31–0.57), and reflexes (r = 0.39–0.55) (p < 0.05 for all).  
• Internal consistency: Cronbach alpha = 0.77–0.9  
• Sensitivity to change: FACT/GOG-Ntx is sensitive to the change of QOL. |
| Cavaletti et al., 2003  | Prospective study of 60 patients with cervical cancer undergoing treatment with cisplatin and paclitaxel | • Tested: TNSr  
• Reference: NCI-CTC 2.0, Ajani scale, ECOG | • Criterion validity: TNS scores were highly correlated with NCI-CTC 2.0 (r = 0.65), Ajani scale (r = 0.67), and ECOG (r = 0.66) (p < 0.0001 for all).  
• Criterion validity: TNSr scores were highly correlated with NCI-CTC 2.0 (r = 0.64), Ajani scale (r = 0.68), and ECOG (r = 0.68) (p < 0.0001 for all).  
• Concurrent validity: High correlation between TNS and TNSr (r = 0.97, p < 0.0001) |
| Cavaletti et al., 2006  | Longitudinal study of 428 patients with solid and hematologic cancers (218 women and 210 men) undergoing treatment with cisplatin, carboplatin, thalidomide, paclitaxel, docetaxel, vincristine, and vinblastine with a mean age of 55 years (median = 58, range = 18–77) | • Tested: TNSr  
• Reference: NCI-CTC 2.0 | • Criterion validity: Highly significant correlation between TNSr and NCI-CTC 2.0 sensory subscale (r = 0.74), ECOG sensory subscale (r = 0.71), NCI-CTC 2.0 motor subscale (r = 0.52), and ECOG motor subscale (r = 0.52)  
• Concurrent validity: Highly significant correlation between TNSr and TNS  
• Criterion validity: Significant correlation between TNS and NCI-CTC 2.0 sensory subscale (r = 0.66), ECOG sensory subscale (r = 0.74), NCI-CTC 2.0 motor subscale (r = 0.49), and ECOG motor subscale (r = 0.49)  
• Inter-rater concordance of TNSr = 92% |
| Cavaletti et al., 2007  | Prospective study of 122 patients with cancer undergoing treatment with platinum-based agents, taxanes, thalidomide, cisplatin, and paclitaxel aged 32–74 years; 51 participants completed the study. | • Tested: TNSc  
• Reference: NCI-CTC 2.0 | • Criterion validity: TNS (r = 0.75, p < 0.001) and TNSc (r = 0.88, p < 0.001) have significant correlations with NCI-CTC 2.0.  
• Sensitivity: TNS is more sensitive than NCI-CTC 2.0 to detect mild sensory damage (TNS showed changes of 1–5 points) in 77% patients who were unchanged with NCI-CTC 2.0.  
• Sensitivity to change: TNSc is more sensitive than NCI-CTC 2.0 to detect mild sensory damage in 50% patients who were unchanged with NCI-CTC 2.0. |
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| Cella et al., 2003    | Prospective, longitudinal study of 230 patients with stage III or IV lung cancer undergoing treatment with paclitaxel and carboplatin with a mean age of 62.1 years (SD = 10.3); 143 participants completed the study. | • Tested: FACT–Taxane  
• Reference: FACT-G and KPS | • Discriminant/convergent validity: FACT–Taxane subscale was not different between the subgroups of KPS. Significant differences were found between subgroups of KPS on the family well-being, lung carcinoma subscale, and FACT-G (p < 0.05)  
• Internal consistency: Cronbach alpha = 0.82–0.86 in the neurotoxicity subscale and Cronbach alpha = 0.84–0.88 in the taxane subscale  
• Responsiveness to change: Taxane and neurotoxicity subscales declined substantially. FACT–Taxane had an effect size of 0.37–0.4 (small to moderate) at 6 weeks and 0.91–1.01 (large) at 12 weeks post-treatment. |
| Forsyth et al., 1997  | Longitudinal study of 37 patients with metastatic breast cancer undergoing treatment with paclitaxel with a mean age of 50.7 years (range = 25–69) | • Tested: QST  
• Reference: PE | • Sensitivity: QST was less sensitive than the clinical examination. Most sensitivity of QST was TT in index finger (57%) and VT in toe vibration (43%).  
• Responsiveness to change: QST did not predict subclinical symptoms of CIPN. No significant correlation was found between dose cumulative and changes in VT (r = 0.11) or TT (r = 0.14). |
| Huang et al., 2007    | Longitudinal study of 134 patients with stage III or IV or recurrent endometrial cancer undergoing treatment with doxorubicin/cisplatin or doxorubicin/cisplatin/paclitaxel with 92% of participants aged 50 years or older | • Tested: FACT/GOG-Ntx  
• Reference: NCI-CTC | • Construct validity: Spearman rank correlation was weak (r = 0.24–0.44) at baseline but increased toward the end of treatment (r = 0.6–0.76).  
• Criterion validity: AUC of the ROC for neurotoxicity subscale was 0.81, and sensory dimension was 0.9 with NCI-CTC neurotoxicity scale as reference.  
• Internal consistency: Cronbach alpha = 0.8–0.85 from baseline to follow-up  
• Sensitivity to change: Neurotoxicity scores increased substantially with the cumulative doses (p < 0.001).  
• Completing rate greater than 80% |
| Kopec et al., 2006    | RCT of 395 patients with colon cancer (189 undergoing treatment with oxaliplatin and 206 controls) with a mean age of 57.6 years (range = 22–83) | • Tested: Modified FACT/GOG-Ntx  
• Reference: National Cancer Institute-Sanofi criteria | • Deleted 1 item measuring cold-induced neuropathy, leaving 12 items  
• Item analysis: Item-total correlations r = 0.25–0.67  
• Construct validity: One factor with eigenvalues greater than 0.1  
• Criterion validity: Modified FACT/GOG-Ntx showed a highly significant correlation with National Cancer Institute-Sanofi criteria (Spearman rank r = 0.53, p < 0.0001).  
• Sensitivity to change: Significant changes were seen during 18-month follow-up period (p < 0.0001). Effect size for changes was significant at 0.83–1.1.  
• Internal consistency: Cronbach alpha = 0.85  
• Completing rate: 90% patients reported no difficulty to fill out the scale. |
| Kuroi et al., 2009    | Prospective clinical trial of 35 patients with stage III or metastatic breast cancer undergoing treatment with paclitaxel with a mean age of 54 years (range = 36–67) | • Tested: PNQ and NCI-CTC | • Sensitivity: With PNQ as a reference, NCI-CTC sensory subscale had sensitivity of 0.75 and specificity of 0.86. With PNQ as a reference, NCI-CTC motor subscale had sensitivity of 0.03 and specificity of 0.  
• Responsiveness to change: Scores showed significant increases in sensory and motor subscales with cumulative dose (p < 0.01) in PNQ. Scores did not show an increase in sensory and motor subscales with cumulative dose in NCI-CTC.  
• Agreement: PNQ and NCI-CTC had weighted kappa coefficient of 0.44 for sensory neuropathy and 0 for motor neuropathy. |

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| Oldenburg et al., 2006| Longitudinal study of 684 patients with testicular cancer undergoing treatment with cisplatin with a mean age of 33.7 years (SD = 10.2) | • Tested: SCIN  
• Reference: PE  
  
  • Construct validity: Three-factor structure explained 77% of variance.  
  • Discriminant validity: SCIN moderately discriminated against patients with cisplatin treatment from those without cisplatin treatment (AUC = 0.61, 95% CI [0.56, 0.65]), and significantly discriminated against neuropathy symptoms severity in high- and low-dose cisplatin groups and different treatment groups (chemotherapy, surgery, and radiation).  
  • Convergent validity: Significant correlation between the hearing item of SCIN and audiometry (r = 0.54, p < 0.0001).  
  • Responsiveness to change: Scores of three subscales significantly increased with cumulative dose.  
  • Internal consistency: Cronbach alpha = 0.72 |
| Postma et al., 1998   | Cross-sectional study of 37 patients with mostly ovarian cancer, as well as non-Hodgkin lymphoma, Hodgkin lymphoma, lung cancer, seminoma, and endometrial cancer, undergoing treatment with paclitaxel, cisplatin, docetaxel, vincristine, and etoposide with a median age of 55 years (range = 23–78) | • Tested: WHO, ECOG, Ajani scale, and NCI-CTC  
  
  • Inter-rater agreement: 83.8% (WHO), 75.6% (ECOG), 45.9% (NCI-CTC)  
  • Inter-rater agreement on dichotomous category of grade 3 or greater (dose-limiting toxicity) versus grade 2 or lower: 94.6% (WHO), 91.9% (ECOG), 81.1% (NCI-CTC), and 94.6% (Ajani scale)  
  • Agreement on grade 3: 0% (WHO and Ajani scale), 40% (ECOG and NCI-CTC)  
  • Intraclass correlation coefficient: good in ECOG (0.75), fair in WHO and NCI-CTC (0.55–0.58), and poor in Ajani scale (0.37)  
  • Effect size: Small in ECOG (0.28) and WHO (0.36); medium in Ajani scale (0.59) and NCI-CTC (0.76) |
| Reyes-Gibby et al., 2010 | Cross-sectional study of 240 patients with breast cancer with a mean age of 58 years (SD = 16) | • Tested: ID Pain  
• Reference: Self-report of diagnosis and S-LANSS  
  
  • Convergent validity: ID Pain was significantly associated with self-reported diagnosis of neuropathy (r = 0.41, p < 0.001) and S-LANSS (r = 0.54, p < 0.001).  
  • Discriminant validity: Dichotomous scoring in ID Pain (positive versus negative, cutoff point = 2) significantly predicted self-reported neuropathic pain and positive results of S-LANSS.  
  • Predictive validity: ID Pain score of 2 or greater predicted self-reported diagnosis of neuropathy (ROC = 0.72) and S-LANSS (ROC = 0.71, r = 0.58, p < 0.005).  
  • Sensitivity and specificity: ID Pain (score of 2 or greater) and self-reported neuropathy with sensitivity of 50% and specificity of 50%; ID Pain and S-LANSS with sensitivity of 67% and specificity of 93% |
| Shimozuma et al., 2009 | Prospective study of 300 patients with breast cancer undergoing treatment with taxanes with a mean age of 51.7 years (SD = 8.9) | • Tested: PNQ  
• Reference: FACT/GOG-Ntx  
  
  • Convergent validity: PNQ sensory (r = 0.66, p < 0.05) and motor (r = 0.51) subscales significantly correlated with FACT/GOG-Ntx subscales. PNQ sensory significantly correlated with NCI-CTC sensory (r = 0.4) but not NCI-CTC motor (r = 0.16).  
  • Discriminant validity: PNQ sensory (r = 0.29) and motor (r = 0.39) scores had weak relationships with FACT-G.  
  • Agreement: Weighted kappa coefficient between physician and patients were 0.16 for sensory and 0.02 for motor, with lower scores by physicians.  
  • Responsiveness to change: PNS sensory and motor scores significantly increased with cumulative dose of taxanes (p < 0.0001), with a completion rate greater than 90% |
The Functional Assessment of Cancer Therapy/Gynecologic Oncology Group–Neurotoxicity (FACT/GOG-Ntx) has been examined in three studies and is used to assess the subjective symptoms of CIPN (Calhoun et al., 2003; Huang, Brady, Cella & Fleming, 2007; Kopec et al., 2006). This tool has been modified to assess CIPN caused by specific chemotherapy agents. For example, the modified FACT/GOG-Ntx

### TABLE 1. Characteristics and Psychometric Testing of Reviewed Studies (N = 19) (Continued)

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<th>Study</th>
<th>Design</th>
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<tr>
<td>Smith et al., 2010</td>
<td>Cross-sectional study</td>
<td>Tested: TNSr and NPS-CIN</td>
<td>• Construct validity: Two factors in TNSr (explained 69% of variance) and two factors in NPS-CIN (explained 70% variance).</td>
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<td>• Item analysis: Item-to-item r = –0.22–0.9; item-to-total r = 0.039–0.72 (p &lt; 0.01) in TNSr. Item-to-item r = 0.73–0.93 (p &lt; 0.01); item-to-total r = 0.89–0.94 in NPS-CIN</td>
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<td></td>
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<td>• Internal consistency: Cronbach alpha of TNSr = 0.56; Cronbach alpha of NPS-CIN = 0.96</td>
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<td></td>
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<td>• Inter-rater agreement: Kappa weighted coefficient in TNSr = 0.33–0.8 (lowest in paresthesia, highest in pain and strength)</td>
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<td>Takemoto et al., 2012</td>
<td>Prospective, comparison study of 93 patients with ovarian, cervical, endometrial, tubal, or peritoneal cancer undergoing treatment with paclitaxel/carboplatin or paclitaxel/docetaxel aged 21–76 years</td>
<td>Tested: VAS</td>
<td>• Discriminant validity: VAS scores were different at day 10 between patients undergoing treatment with paclitaxel/carboplatin versus treatment with paclitaxel/docetaxel</td>
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<td></td>
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<td></td>
<td>• Responsiveness of change: VAS had correlation with cumulative doses in treatment with paclitaxel/carboplatin but not with treatment with paclitaxel/docetaxel</td>
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<td>Tofthagen et al., 2011</td>
<td>Comparison study of 167 patients with heterogeneous cancers (breast, lung, colon, gynecologic, hematologic) undergoing treatment with paclitaxel, docetaxel, cisplatin, and oxaliplatin with a mean age of 58 years (SD = 11.91, range = 19–80)</td>
<td>Tested: CIPNAT Reference: FACT/GOG-Ntx</td>
<td>• Content validity: Patient interview and panel of experts, content validity index = 0.95</td>
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<td>• Convergent validity: Highly correlated with FACT/GOG-Ntx (r = 0.83, p &lt; 0.01)</td>
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<td>• Discriminant validity: CIPNAT differed in neurotoxicity chemotherapy group from comparison group (t = 7.66, p &lt; 0.001).</td>
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<td>• Item analysis: Item-to-total r = 0.35–0.7 (lowest in interference in sexuality, highest in interference in walking)</td>
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<td>• Test-retest reliability: r = 0.93 (p &lt; 0.01)</td>
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<td>• Internal consistency: Cronbach alpha = 0.95</td>
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<td>Wampler et al., 2006</td>
<td>Case-control study of 20 patients with breast cancer undergoing treatment with taxanes and docetaxel and 20 controls with a mean age of 50.4 years (SD = 9.3)</td>
<td>Tested: mTNS Reference: FACT–Taxane, TNS, Sensory Organization Test, and PQAS</td>
<td>• Convergent validity: mTNS had significant correlation coefficient with TNS (r = 0.99, p &lt; 0.001) and moderate correlation with physical performance measuring by TUG test (r = 0.638, p = 0.002)</td>
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<td>• Discriminant validity: mTNS had negative correlation with balance measured by Sensory Organization Test (r = –0.638, p = 0.002) and QOL measured by FACT–Taxane (r = –0.615, p = 0.004). mTNS was not related to pain measured by PQAS.</td>
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<td>• Discriminant validity: mTNS differed significantly between breast cancer group and control group (p &lt; 0.001).</td>
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AUC—area under the curve; CI—confidence interval; CIPN—chemotherapy-induced peripheral neuropathy; CIPNAT—CIPN Assessment Tool; ECOG—Eastern Cooperative Oncology Group neuropathy scale; FACT—Functional Assessment of Cancer Therapy—General; FACT/GOG-Ntx—FACT/Gynecologic Oncology Group—Neurotoxicity; KPS—Karnofsky Performance Status; mTNS—modified TNS; NCI-CTC—National Cancer Institute—Common Toxicity Criteria; NPS-CIN—Neuropathy Pain Scale for Chemotherapy-Induced Neuropathy; PE—physical examination; PNS—Peripheral Neuropathy Scale; PNQ—Patient Neurotoxicity Questionnaire; PQAS—Pain Quality Assessment Scale; QOL—quality of life; QST—Quantitative Sensory Testing; RCT—randomized, controlled trial; ROC—receiver operating characteristic; SCIN—Scale for Chemotherapy-Induced Long-Term Neurotoxicity; S-LANSS—Self-Report Leeds Assessment of Neuropathic Symptoms and Signs; TNS—Total Neuropathy Score; TNSc—TNS–clinical; TNSr—TNS–reduced; TT—touch threshold; TUG—timed up-and-go test; VAS—visual analog scale; VT—vibration threshold; WHO—World Health Organization guidelines.
was used to assess platinum-based chemotherapy/paclitaxel/oxaliplatin-induced neurologic symptoms, and the FACT–Taxane subscale was used to detect taxane-induced neuropathy. In the 19 studies, one study used the FACT–Taxane subscale to detect platinum-based chemotherapy/paclitaxel-induced neuropathy (Cella, Peterman, Hudgens, Webster, & Socinski, 2003), four studies used tools containing items related to activities of daily living to assess the effects of CIPN on quality of life (Calhoun et al., 2003; Cella et al., 2003; Huang et al., 2007; Kuroi et al., 2009; Shimozuma et al., 2009; Tofthagen, McMillan, & Kip, 2011). Tools that assess activities of daily living include FACT/GOG-Ntx and its modified version, FACT–Taxane, and CIPN Assessment Tool (CIPNAT).

Most of the tools (n = 14) used multiple-choice responses to assess CIPN symptoms with Likert-type scales ranging from 0 (no symptoms) to 4 or 5 (severe symptoms). Only one tool (the ID Pain) required “yes” or “no” responses (Reyes-Gibby, Morrow, Bennett, Jensen, & Shete, 2010). The ID Pain is a questionnaire based on six interview questions. A visual analog scale (VAS) was used to measure patients’ reports of pain and numbness (Takemoto et al., 2012).

Study Quality

Study quality was determined by the QUADAS-2 and revealed that most studies (n = 12) had good patient selection, with less than half indicating low risk of bias (see Table 2). High risk of bias in the index test was found in 14 studies, in which the index tests were conducted and interpreted after the reference standard. Therefore, the interpretation of the index test result may be affected by the reference test result. Nine studies presented high risk of bias because the reference standards were not consistent with the index test. Fifty percent of the studies clearly presented patient flow and had an appropriate interval between the index test and reference standard.

Two studies were judged as highly satisfactory in terms of all four risks of bias (i.e., patient selection, index test, reference standard, and flow and timing domains) (Huang et al., 2007; Kuroi et al., 2009). However, two studies were judged unsatisfactory on the four risks of bias (Reyes-Gibby et al., 2010; Wampler et al., 2006). Based on the QUADAS-2 applicability criteria, 16 of the studies demonstrated satisfactory applicability, particularly in the index test, which reached 100% low applicability concern. A low applicability concern means the index test was conducted to match the study questions.

Psychometric Properties

Validity: The validity of CIPN tools was examined through a variety of approaches, including convergent, concurrent, construct, criterion, and discriminant validity. Validity was examined in 15 of 20 tools. Tools that did not report validity include the Ajani scale, ECOG neuropathy scale, VAS, WHO guidelines, and Quantitative Sensory Testing (QST). The Ajani scale, ECOG neuropathy scale, and QST were used in one study mainly to examine the agreement between raters (Postma et al., 1998).

Criterion validity was provided for nine tools that had moderate to high correlations with their criterion reference (r = 0.31–0.97). The nine tools were the FACT/GOG-Ntx, modified FACT/GOG-Ntx, NC-CTC, Patient Neurotoxicity Questionnaire (PNQ), Peripheral Neuropathy Scale (PNS), Scale for Chemotherapy-Induced Long-Term Neurotoxicity (SCIN), TNS, TNSr, and TNSc.

Construct validity was reported for five tools (PNS, FACT/GOG-Ntx, modified FACT/GOG-Ntx, SCIN, and TNSr), which reported acceptable Eigenvalues of greater than 1 and factor loadings of greater than 0.4. The number of factors in the tools ranged from 1–3, with 61%–77% of the variance explained (Almadrones, McGuire, Walczak, Florio, & Tian, 2004; Huang et al., 2007; Kopec et al., 2006; Oldenburg, Fossa, & Dahl, 2006; Smith, Cohen, Pett, & Beck, 2010). For example, the PNS had two-factor solutions (hand neuropathy and foot neuropathy) (Almadrones et al., 2004), and the TNSr had two-factor solutions (neuropathy and neuropathy pain) (Smith et al., 2010).

Discriminant validity had been frequently used to examine the validity of CIPN tools. From the 20 CIPN tools, eight were evaluated for discriminant validity (CIPNAT, FACT/GOG-Ntx, ID Pain, mTNS, PNQ, QST, SCIN, and VAS). The FACT/GOG-Ntx significantly discriminated (area under the curve = 0.81) between chemotherapy-naive groups and patients who had CIPN (Calhoun et al., 2003). The SCIN significantly discriminated neuropathy symptom severity not only in high- and low-dose cisplatin groups, but also in diverse treatment groups (chemotherapy, surgery, and radiation) (Oldenburg et al., 2006). The CIPNAT mean scores were different between the neurotoxicity chemotherapy group and the chemotherapy-naive group (t = 7.66, p < 0.001) (Tofthagen et al., 2011). The mTNS showed significant differences between the breast cancer group and the control group (p < 0.001) (Smith et al., 2010). The QST is a quantitative measurement using serial neurologic examinations. The QST could detect a lower skin temperature in the breast cancer group and the control group (p < 0.001) (Almadrones et al., 2004), and the PNS had two-factor solutions (hand neuropathy and foot neuropathy) (Almadrones et al., 2004), and the TNSr had two-factor solutions (neuropathy and neuropathy pain) (Smith et al., 2010).
the FACT–General showed a significant difference between the subgroups of Karnofsky Performance Status (KPS) before chemotherapy, but not in the taxane subscale. Convergent validity was reported in five tools (SCIN, ID Pain, PNQ, CIPNAT, and FACT/GOG-Ntx), and all of those tools are based on patient report. Those five tools had low to high correlation with their reference tools (r = 0.16–0.83).

Reliability: The reliability of several CIPN tools was examined through the approaches of internal consistency, inter-rater agreement, or test-retest reliability. The internal consistency of Cronbach alpha was reported in eight tools (i.e., the CIPNAT, FACT/GOG-Ntx, FACT–Taxane, modified FACT/GOG-Ntx, Neuropathy Pain Scale–Chemotherapy-Induced Neuropathy [NPS-CIN], PNS, SCIN, TNSr), and ranged from 0.56–0.96 (Almadrones et al., 2004; Calhoun et al., 2003; Cella et al., 2003; Huang et al., 2007; Kopec et al., 2006; Oldenberg et al., 2006; Smith et al., 2010; Tofthagen et al., 2011). Among the eight tools, NPS-CIN had the highest Cronbach alpha at 0.96, and TNSr had the lowest at 0.56.

Inter-rater agreement was commonly examined in the CIPN tools. It had been reported for seven tools (Ajani scale, ECOG neuropathy scale, NCI-CTC, PNQ, TNS, TNSr, and WHO guidelines), ranging from 46%–92% (Cavaletti et al., 2006; Kopec et al., 2009; Postma et al., 1998; Shimozuma et al., 2009; Smith et al., 2010). The inter-rater agreement included the agreement between healthcare providers, and between healthcare providers and patients, which had varied agreement of coefficients. For example, Postma et al. (1998) found that the agreement coefficient between physicians ranged from r = 0.45 in NCI-CTC to r = 0.83 in the WHO guidelines. The study also showed that grading system influenced interrater agreement, with the highest agreement coefficients (r = 0.81–0.95) in a dichotomous scoring system and the lowest agreement coefficients (r = 0–0.4) in a multiple-choice grading system. Smith et al. (2010)
reported similar findings in the TNSr tool, which had weighted kappa coefficients between physicians and nurse practitioners ranging from 0.33 in paresthesia to 0.8 in neuropathy pain and strength.

Agreement between healthcare providers and patients in the PNQ is low and divergent, with a kappa coefficient of 0.16 for sensory symptoms and 0.02 for motor symptoms (Shimozuma et al., 2009). Intraclass correlation coefficients (ICCs) were reported in the Postma et al. (1998) study, which assessed the interrater agreement in four tools (WHO guidelines, ECOG neuropathy scale, Ajani scale, NCI-CTC), with poor agreement (ICC = 0.37) in the Ajani scale and good agreement in the ECOG neuropathy scale (ICC = 0.75). Only one tool (CIPNAT) had a test-retest reliability with a high correlation of r = 0.93 within a two-week duration (Toft Hansen et al., 2011).

**Sensitivity, specificity, and responsiveness:** Sensitivity and specificity of tools were reported in only four CIPN tools. Two tools (NCI-CTC and ID Pain) were tested for sensitivity and specificity simultaneously (Kuroi et al., 2009; Reyes-Gibby et al., 2010). The NCI-CTC had predominantly divergent sensitivity and specificity in sensory and motor symptom subscales (Kuroi et al., 2009). When the PNQ was considered as a standard, the sensitivity and specificity in NCI-CTC sensory subscale (cutoff = absence/presence) were 0.75 and 0.86, respectively; the sensitivity and specificity in NCI-CTC motor subscale (cut off = absence/presence) were 0.03 and 0, respectively. Sensitivity and specificity in ID Pain were both 50% when it was compared with self-reported neuropathy among women with breast cancer (Reyes-Gibby et al., 2010). The ID Pain as a patient-report assessment tool has been used in patients with neuropathic pain; 50% of them had positive ID Pain score (score of 2 or greater), and 86% not diagnosed with neuropathic pain had negative ID Pain (Reyes-Gibby et al., 2010).

Two tools (TNS and QST) were only assessed in terms of sensitivity (Cavaletti et al., 2007; Forsyth et al., 1997). Cavaletti et al. (2007) reported that TNS was more sensitive than NCI-CTC, version 2.0, in which 77% of the patients who had TNS scoring changes did not have any significant scoring changes with the NCI-CTC. However, the QST, as quantitative measurement based on serial neurology examination conducted by physicians, did not predict subclinical CIPN. The QST had been reported to have less sensitivity than clinical examination, with a particularly low sensitivity in the vibration threshold item (Forsyth et al., 1997).

Eleven of the CIPN tools were assessed in terms of their responsiveness (sensitivity) to change. The 11 tools tested for their responsiveness were the PNS, QST, FACT/GOG-Ntx, modified FACT/GOG-Ntx, FACT–Taxane, PNQ, NCI-CTC, SCIN, TNS, TNSc, and VAS (Almadrones et al., 2004; Boyette-Davis et al., 2012; Calhoun et al., 2003; Cavaletti et al., 2007; Cella et al., 2003; Kopec et al., 2006; Kuroi et al., 2009; Oldenburg et al., 2006; Takemoto et al., 2012). The indicators of changes consisted of longitudinal trends of symptoms, changes in quality of life, and the cumulative doses of chemotherapy agents. All of those tools significantly responded to the changes of the indicators over time except NCI-CTC.

The PNS score changed significantly over time (Almadrones et al., 2004). The FACT/GOG-Ntx was sensitive to changes in global quality of life (p = 0.017) (Calhoun et al., 2003). The modified FACT/GOG-Ntx significantly changed during 18 months, with increasing effect size from 0.83 to 1.1 (Kopec et al., 2006). The PNQ sensory and motor scores significantly increased with cumulative doses of taxane (p < 0.01) (Kuroi et al., 2009). The three subscales (i.e., neuropathy, Raynaud’s disease symptoms, and toxicity) of the SCIN significantly increased with cumulative doses of cisplatin (Oldenburg et al., 2006). However, the NCI-CTC was not sensitive to detect changes in neuropathic symptoms over time (Cavaletti et al., 2007; Kuroi et al., 2009).

**Practicality:** Only patient-report tools were assessed in terms of practicality. Three studies reported the completion rate; all rates were more than 80% (Huang et al., 2007; Kopec et al., 2006; Shimozuma et al., 2009). Eighty percent of patients (n = 316 of 395) completed the 12-item modified FACT/GOG-Ntx tool (Kopec et al., 2006). The completion rates of the FACT/GOG-Ntx and PNQ were 80% and 90%, respectively, indicating that both tools had practicality (Huang et al., 2007; Shimozuma et al., 2009).

**Discussion**

This systematic review offers new insights for evaluating 20 CIPN assessment tools retrieved from 19 studies. The contents of the studies and the psychometric properties of CIPN tools were reviewed. In addition, the quality of the studies was assessed using QUADAS-2 (Whiting et al., 2011). Study quality, risk of bias on patient selection, index tests, reference standards, flow and timing, and applicability were considered (Whiting et al., 2011). In the systematic review, only two studies were judged as satisfactory on the four risks of bias. Much more attention should be paid when results from low-quality studies are applied in clinical practice.

The review reveals that CIPN tools are useful when patients with cancer are treated with platinum-based agents, vinca alkaloids, or taxanes. The main characteristics of the tools to detect CIPN can be categorized as common toxicity features, functional status, quality of life, and composite scales. A similarity in
the patterns and CIPN symptoms across different chemotherapy agents has been found, and CIPN is predominantly manifested by sensory and motor symptoms (Hausheer et al., 2006). The features and symptoms of neurotoxicity should be contained in any CIPN assessment tool.

Because CIPN constitutes subjective experience, CIPN assessment tools should consist of subjective and objective items. In addition, this systematic review reveals poor inter-rater agreement between healthcare providers or between healthcare providers and patients. For this reason, it is ideal to combine healthcare provider–based and patient-based tools for a comprehensive CIPN assessment. The TNS and its modifications (TNSr, TNSc, and mTNS) use patient report and healthcare provider assessment. The TNS and its modifications may be considered as appropriate tools to assess those receiving certain chemotherapy agents, such as platinum-based agents, taxanes, epothilones, vinca alkaloids, bortezomib, and lenalidomide. The Ajani scale, WHO guidelines, ECOG neuropathy scale, and NCI-CTC are healthcare provider–based assessment tools that have limited psychometric properties (Postma et al., 1998).

The adequacy of an instrument to measure the symptoms of CIPN can be evaluated based on psychometric parameters. The psychometric properties (reliability, validity, sensibility/specificity, and responsiveness) were assessed in the 20 CIPN tools. Hausheer et al. (2006) proposed five parameters of CIPN assessment tools: (a) a tool must be sensitive to detect the presence or absence of CIPN; (b) a tool should differentiate CIPN from other neurologic disorders; (c) a tool should be responsive to changes in symptoms related to dose, duration, and number of drugs; (d) impairments of functional activities of daily living or quality of life should be reflected in the tool and considered for treatment decisions; and (e) a tool should be easy to use, as reflected by a patient participation rate greater than 80%.

The sensitivity to detect CIPN can be reflected in the sensitivity and specificity of the tool. In this systematic review, TNS, TNSc, NCI-CTC, QST, PNQ, and ID Pain were examined in terms of their sensitivity and specificity. Most of the tools had satisfactory results in detecting the presence or absence of CIPN, particularly sensory neuropathic symptoms. Cavaletti et al. (2007) reported that the TNS, TNSr, and TNSc are reliable tools for assessing the severity of CIPN.

The second parameter is that tools should differentiate CIPN from other neurologic disorders, such as diabetic neuropathy, carpal tunnel syndrome, and metabolic neuropathy. This can be shown by the discriminant validity. Several CIPN tools in this review showed discriminant validity. Discriminant validity is vital for CIPN assessment tools because healthcare providers need to apply the tools to detect the signs and symptoms of CIPN in clinical practice.

The third parameter can be reflected in the responsiveness of change. Chemotherapy is administered within a specific period. The CIPN symptoms may occur in the initial stage of treatment or after the end of treatment (Ewertz et al., 2015; Ezendam et al., 2014). Healthcare providers should choose CIPN assessment tools that have been approved with regard to the responsiveness during treatment and survival.

The parameter of functional activity assessment involves the questions covering the impact of CIPN symptoms on activities of daily living. Improvement in cancer treatment results in an increasing number of cancer survivors; therefore, assessment of quality of life related to treatment for patients with cancer becomes a concern (Cavaletti et al., 2010). Accurate assessment of functional status and quality of life can help healthcare providers understand the impact of treatment on patients’ lives. With proper assessment, healthcare providers could make decisions regarding treatment regimens based on the impact on quality of life (Calhoun et al., 2003; Paice, 2009). The FACT/GOG-Ntx, PNS, PNQ, and SCIN can be categorized as functional assessment tools because they contain items to assess patients’ functional status or quality of life. The FACT/GOG-Ntx measures CIPN symptoms and the impact of CIPN symptoms on daily activities. The FACT/GOG-Ntx has been tested on drug-specific symptoms, with the FACT–Taxane and the mFACT/GOG-Ntx assessing oxaliplatin-related CIPN. The four studies using the FACT/GOG-Ntx meet the criteria of high applicability proposed in the QUADAS-2 (Calhoun et al., 2003; Cella et al., 2003; Huang et al., 2007; Kopeck et al., 2006). Risk of bias of the studies under the FACT/GOG-Ntx is also determined as low. Therefore, the FACT/GOG-Ntx may be applied to assess CIPN comprehensively.

The last parameter can be reflected by patients’ participation rate. The studies in this systematic review rarely reported the participation rate, but in all three that reported it, the rate was greater than 80%.

**Knowledge Translation**

- Chemotherapy-induced peripheral neuropathy (CIPN) causes debilitating symptoms that need valid and reliable assessment tools to detect.
- Assessment of CIPN needs to involve subjective and objective tools.
- Assessing CIPN needs to focus not only on its symptoms, but also on the impact of the symptoms on functional activity.
In the future, the participation rate and participants’ responses should be emphasized.

For practical perspectives, composite tools have recently been proposed to improve the accuracy and reliability of CIPN assessment (Cavaletti et al., 2007; Smith et al., 2010). Composite tools refer to the combination of patient-reported CIPN symptoms, neurologic examination performed by a physician, and use of healthcare provider–based assessment tools. The TNS, TNSr, and TNSc are regarded as composite tools to assess CIPN. Those tools require patients and healthcare providers to complete them. The TNS includes a patient self-report of CIPN symptoms, followed by physician examinations, including tests of pin and vibration sensation, strength, deep tendon reflex, and nerve conduction. Although the TNS and its modified versions have been shown to have good psychometric properties, the TNS contains CIPN symptoms but not the impact of symptoms on activities of daily living or quality of life.

In addition, healthcare providers must be well trained in neurologic assessment because inadequate rating experience may result in assessment bias (Smith et al., 2010). Barriers in completing the CIPN tools have been proposed by oncologists, including complicated procedures, their time-consuming nature, and required availability and standardized instruments (Cavaletti et al., 2010). For example, the QST requires well-trained healthcare providers and standardized equipment for completion.

From the available literature, the existing tools being developed may be less satisfactory for evaluating CIPN. In addition, healthcare providers tend to underestimate and underreport the severity and frequency of CIPN, particularly the subjective symptoms that affect patients’ function and quality of life. Despite the limitations of the existing tools, the authors suggest that oncology care providers should consider patient-reported assessment as a first assessment because CIPN is subjective in nature, followed by provider assessment. The authors recommend the FACT/GOG-Ntx as the first assessment; then, providers validate the patient report using the TNSc. This might allow the most effective assessment of the type and severity of CIPN.

Limitations

Some limitations can be drawn from this systematic review. This systematic review only included articles published in English, which may lead to publication bias. The tools in the systematic reviewed are limited to measuring CIPN; therefore, the findings of the systematic review could not be applied to the scales that are related to peripheral neuropathy caused by other comorbidities, such as diabetes, that might conflate assessment.

Implications for Nursing

Early detection of CIPN is valuable in designing interventions to prevent or decrease deterioration caused by CIPN. Setting a regular CIPN assessment schedule is needed because CIPN can occur at the beginning of chemotherapy treatment or after the end of treatment. Lastly, the burden to the patient and the cost-effectiveness of examination should also be considered.

Conclusion

CIPN is a debilitating symptom experienced by patients with cancer receiving neurotoxic chemotherapy agents. Assessment and evaluation of CIPN symptoms using standardized and practical tools in routine practice are important. This systematic review offered new insights by evaluating 20 assessment tools related to CIPN retrieved from 19 studies. The QUADAS-2 was applied to evaluate the study quality of the 19 studies. After considering the psychometric properties, practicality, and comprehensive issues, two CIPN assessment tools are recommended: the FACT/GOG-Ntx and the TNS and its modifications.

References


